

PE Department Extra Curricular Timetable – Spring Term 2010

| Day | Activity | Year groups | Room | Staff | Date |
|--------------|---|--|---|-------------------------|----------|
| Monday | Basketball | All Years | Sports Hall | Guilford Heat | TBC |
| | Boys Football Matches | Year 7 | Field | Mr Sutton | TBC |
| | Fitness | Year 8 - 11 | Fitness Room | Mrs Dilkes | 11th Jan |
| | Boys Football Training | 6th Form | Field | Mr Sutton | 11th Jan |
| | ACTIVE BREAK | Year 7 | Sports Hall | Mr Young | |
| Tuesday | Boys Dance (before school) | All Years | Gym | Mrs Barnes | 12th Jan |
| | Cross Country (before school) | All Years | Field/Fitness Room | Mrs Mensah | 12th Jan |
| | Badminton | Year 7 & 8 | Sports Hall | D Noble | 5th Jan |
| | Boys Football Matches | Year 8 | Field | Mr Kelly | TBC |
| | Fitness | Year 8 - 11 | Fitness Room | Mrs Mensah | 12th Jan |
| | Boys Football Training | Year 9 | Field | Mr Young | 2nd Feb |
| | Netball | Year 9 - 11 | Cage | Miss Isaacs & G Penfold | 12th Jan |
| | Boys Rugby | Year 10 & 11 | Field | Mr Neads | 5th Jan |
| | Boys Football Training | Year 10 & 11 | Field | Mr Sutton | 19th Jan |
| | *Trampoline - beginners | All Years | Gym | F Gigg | 12th Jan |
| | Orienteering | All Years | Woods | Mrs Dilkes | 5th Jan |
| | Dance | Years 7-9 | Bar | Miss Barnes | 12th Jan |
| | ACTIVE BREAK | Year 8 | Sports Hall | Mr Neads | |
| Wednesday | Netball | Year 7 & 8 | Cage | Miss West | 13th Jan |
| | Boys Football Training | Year 8 | Field | Mr Kelly | 20th Jan |
| | Boys Football Matches | Year 10 | Field | Mr Sutton | TBC |
| | Intermediate | All Years | Gym | L Caswell | 6th Jan |
| | Table Tennis | All Years | Bar | Mrs Dilkes | 6th Jan |
| | Girls Football Training | All Years | Field | Mr Young | 10th Feb |
| | Handball | All Years | Sports Hall | Mr Young | 6th Jan |
| | ACTIVE BREAK | Year 8&9 | Sports Hall & Gym | Mrs Mensah & Mr Sutton | |
| Thursday | Badminton (before school) | All Years | Sports Hall | J Escott | 7th Jan |
| | Fitness (before school) | Year 8 - 11 | Fitness Room | Mr Broomfield | 7th Jan |
| | Boys Football Training | Year 7 | Field | Mr Broomfield | 21st Jan |
| | Basketball | Year 8 & 9 | Sports Hall | Mr Walters | 7th Jan |
| | Boys Football Matches | Year 9 | Field | Mr Young | TBC |
| | Netball Matches | All Years | Cage | G Penfold, Mrs Mensah | TBC |
| | Fencing | All Years | Gym | S Davey | 7th Jan |
| | Dance | Years 10 -11 | Bar | Miss Barnes | 14th Jan |
| ACTIVE BREAK | Year 7 | Sports Hall | Mrs Dilkes | | |
| Friday | Dance (before school) | Sixth Form & Yr 11 GCSE | Bar | Miss Barnes | 15th Jan |
| | Rowing (Breaktime) | All Years | Fitness Room | Mrs Mensah | 15th Jan |
| | Boys Rugby - P6 | Year 7 & 8 | Field | Mr Neads & Mr Fairbank | 8th Jan |
| | Boys Rugby | Year 9 | Field | Mr Neads | 8th Jan |
| | Boys Football Matches | Year 11 | Field | Mr Sutton | TBC |
| | Girls Rugby | All Years | Field | Mr Neads | 8th Jan |
| | ACTIVE BREAK | Year 9 | Sports Hall | Miss West | |
| Times | Before School | 7.50am - 8.35am 7.50am - 8.45am Thur only | Arrive to school in PE kit- remember to bring your school uniform | | |
| | Active Break | 10.55am - 11.15am | Don't forget to bring you trainers | | |
| | External Coach | External Coach & Cost | <i>Italics -After Half Term</i> | Before School | |
| | Students interested in taking part in a club where there is an additional cost must collect a letter from Mrs Dilkes or Mrs Mensah | | | | |

